



Student Enrichment Services Ltd.

www.studentenrichment.ie

NAME: _____ FORTNIGHT ENDING: _____

FORTNIGHTLY STUDY SKILLS CHECKLIST FOR SIXTH YEARS

GOALS:

I set myself at least four specific goals for each subject, each week.

TIME MANAGEMENT

I worked from a study/ homework timetable each night

When working, I took regular breaks every 25 minutes

I gave myself a specific task to complete for each session

HOMEWORK

I closed the textbook, tried to answer the question, and then corrected my mistakes

I timed myself, trying to finish in approx. the same time as I'll get in the exam

CLASSWORK

I asked at least three classroom questions every day

I wrote at least ten things into my "class notes" hardback in each lesson

I have moved away from distractions in class

NOTETAKING

I wrote out concise points onto "study sheets" when studying

My "study sheets" are neat/ colourful

I keep my study notes in their relevant subject folders

STUDY

I always test myself ("mind scan") before I start studying

I always turned off the music and my phone when working

I quickly test myself at the end of every study session

REVIEWING

I spent 15 minutes each night reviewing, (a quick test), some topics previously studied

EXAM PREPARATION

I have gone over past exam papers in at least three subjects each week

I have practised at least three exam questions under exam conditions each week

Yes No

Yes	No

GIVE YOURSELF 5 POINTS FOR EACH STATEMENT TO WHICH YOU ANSWERED "yes"

- 0 - 30** You are making things very difficult for yourself to achieve. Start over again - try harder to improve the way you study
- 35 - 50** **Room for improvement** - select a few things you can work on for next week.
- 55 - 65** **Good** - you are well on the way - you still need to improve some of your study habits.
- 70 - 80** **Very good** - you are putting in a good effort, - now "really go for it!"
- 85 - 100** **Excellent.** You have good study techniques - well done! Now just make sure that you are spending sufficient time "at the books" - great results will follow.